

“Some people crave these challenges”

(Continued from page nineteen.)

Maroot said. People who typically ride in the Boston area are not used to this kind of ride, he said, and they might have underestimated the hills. This will only encourage them to come back next year and try to do the loops in a better time, he suggested.

He added that his time might not properly be compared with the riders who were four seconds behind because they took a wrong turn at one point and lost a bit of time there.

The Tour de Kingdom is not called a race exactly, but then again it is a timed event and people try to do their best time. The two people tied for the best time of all over 200 miles were Brett St. Clair and Joseph Homer, 56, of White Mountain Velo Group. Mr. St. Clair is 51 years old and lives in New Hampshire, and Mr. Homer lives in Lancaster, New Hampshire. Their time for the two days was 11 hours, 55 minutes, and 29 seconds. Riders number six, seven, eight, and nine were all members of the Kingdom Velo Group: Mike Kiser, 57, of Newport at 13:59:57; Marc Bouchard, 45, of Derby at 14:04:15; Garrett Moylan, 53, of Newport at 14:06:49; and Bob Davis, 53, of Newport at 14:10:24. The two female finishers of 200 miles were Becky Herbert Sweeney, 49, of Gorham, New Hampshire, at 14:29:48; and Beth Saman, 35, of Bristol, Connecticut, at 15:13:50.

Prizes included a season pass at Jay Peak, special Tour de Kingdom Louis Garneau jerseys and jackets, a full set of Howard Mosher's books, a weekend condo at Jay Peak, hats, mugs, and posters.

Three people won prizes for coming the farthest: Becky Beagle of Atlanta, Georgia, William Reichert of Spartansburg, South Carolina, and Adam Gilbert of Chicago, Illinois. Mr. Gilbert has ridden his bike in 37 states and did the Tour de Kingdom as a way to make



One of the more scenic loops on Saturday takes bicyclists 82 miles by Lake Seymour, through Brighton to Burke and back north by Lake Willoughby. Photo by Bethany M. Dunbar

Vermont the thirty-eighth.

Fred Kirchoff, 67, of New Jersey won a four-pack of lift tickets for Jay Peak for being the “most mature” double day rider.

Mr. White collected comments from riders, and among them was this from Ray Edwards of the Vermont Highland Cattle Company, which was one of the sponsors:

“One group of riders was making fun of Vermonters because we only consider Jay a hill, but the whole ride had hills. I can't wait until next year, a few riders asked if we were serving our burgers at the finish so save us a grill at IROC next year!”

Mr. White said he sends all the riders an e-mail with some final instructions before they come to town, and he tells them that the most

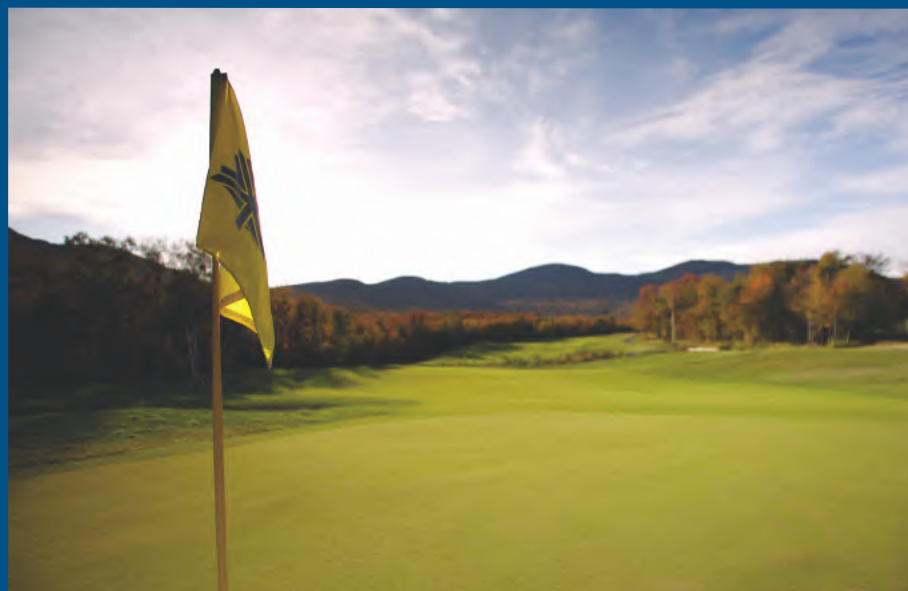
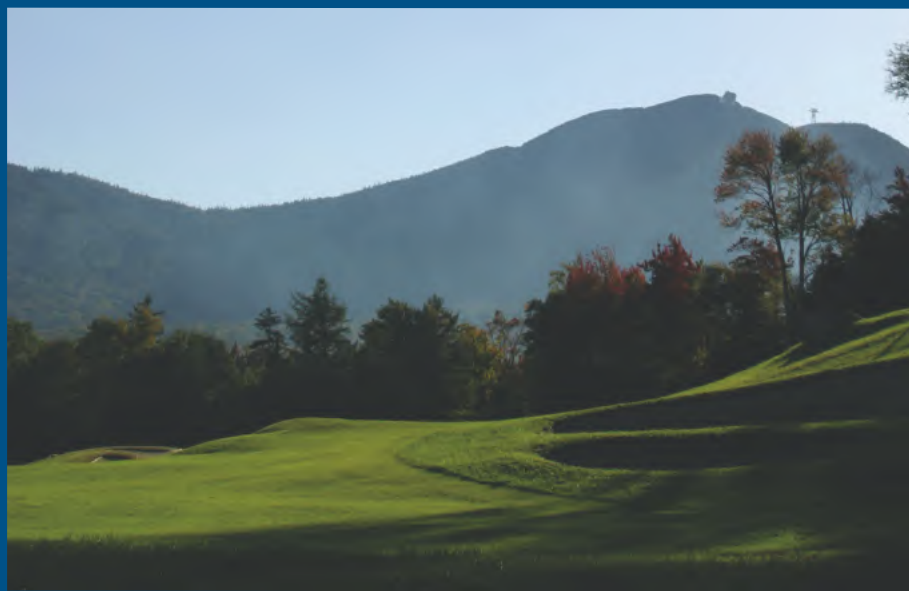
important rule is to bring a towel and bathing suit.

He said a lot of these “century rides” end up in a hot field somewhere, so the riders are pretty thrilled when they come to the Tour de Kingdom and get to end up at IROC with a swimming pool.

The event is a benefit for IROC's Healthy Changes Initiative, which helps people with diabetes, obesity or heart disease by encouraging them to exercise. People in the program can have a membership at IROC for just \$10 a month if they exercise at least 12 times a month.

The Tour de Kingdom is just the second of four big events IROC hosts over the summer. The first was the recent Dandelion Run. Coming up are the Kingdom Swim on July 25 and the Kingdom Triathlon on August 15.

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